



**It simply
cannot be
August ?!**

With only 5 month left of 2026,
we're most certainly on the
downhill slide to the end of the
year!

CLINIC ANNOUNCEMENT

WE ARE REGISTERED

BUTTERFLY FOUNDATION



Did you know?

One Central health is registered with the **Butterfly Foundation** - we're a referee with the expertise and knowledge to assist you on your unique journey with **Eating Disorders**.

So if you need support, please call us today!

NDIS NEWS & VIEWS

PAID

OPPORTUNITY

The NDIS are still looking for people to 'test' the new way of planning.

This includes participants who are:



- LGBTQIA+
- Culturally & linguistically diverse
- Those who require interpreters
- Those living in regional, remote, or very remote locations
- People making use of Assistive Technology
- Those who make use of Specialist Disability Accommodation

It's voluntary, for participant's aged 18 or older, **pays \$200 for each completed online activity**, and won't affect any current or future plans, funding, supports or eligibility - so why not get involved?!

NDIS ENGAGE - your way of giving the NDIS feedback - it's about experiences, new ideas and topics important to you!

[PAID ACTIVITY - Apply Here](#)

[ENGAGE - Give Feedback](#)

SPECIALISED SUPPORTS

DO YOU KNOW ABOUT LDCs?

LDCs are government-funded (Department of Education) Schools providing specialised early intervention support programs, for children in the early years of schooling who present with speech and language impairments.



These short-term programs offer multi-disciplinary support, with the goal of having kids return to mainstream schooling by Year 2/3.

Accessing an LDC requires eligibility criteria, a formal application and Assessments from a Speech Pathologist and Psychologist.



If this is might be of interest to you, please head to our informative Specialised Supports page for further information

[LEARN MORE ABOUT LDCs HERE](#)

CLINIC ANNOUNCEMENT

FUNDRAISING SUCCESS!



Our fundraising effort was a fantastic success - thank **YOU** for supporting our endeavour.

We all came to work in our pyjamas, and managed to raise a nice sum of money for Foster Kids - well done everyone!

[Continue the Fundraising HERE](#)

ASSESSMENT SPOTLIGHT

ACCESSING AN LDC

If you feel you meet the criteria for accessing an LDC but need the formal assessments - we can help!



✓ **Speech Pathologist Report** for diagnosing a Developmental Language Disorder

✓ **Psychologist Report** - for cognitive & adaptive ability.

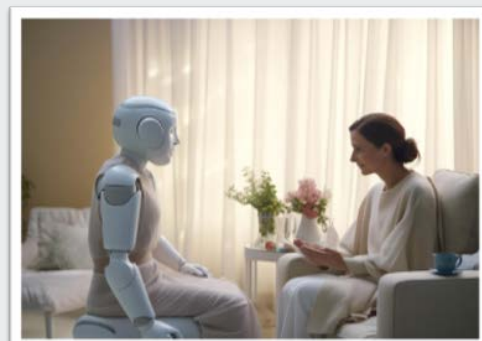
Apply before September 2026

BLOG ALERTS



Do you suffer from SAD in Winter?

Psychology: Choose a Real Person, not Ai



AND JUST FOR FUN.....



BOOKWEEK is from 22-28 Aug. [Click the pic for inspo!](#)



12 August 2026



08 August 2026

THANK YOU FOR YOUR SUPPORT

Call Us: Mon - Fri; 9am - 5pm

Clinic Open Hours: Mon - Fri; 9am - 5pm

Email Enquiries: admin@onecentralhealth.com.au

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ONE CENTRAL HEALTH

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