



one
Central Health



**It's mid-year
Jolly July!**

We're past the halfway point,
and the winter cold has set in.
We trust you're well, warm and
ready for school holidays

SAVINGS EXTENDED

Autism, ADHD, Learning Disorders & IQ.

Need An Assessment?

SAVINGS NOW **EXTENDED!**

AUTISM

LEARNING
DISORDER

ADHD

COGNITIVE
AND/OR IQ

● LOWER PRICING ● TILL **END** JULY '26 ● ALL ASSESSMENTS

For more information or to find out how much you can save:

Phone 9344 1318
Email admin@onecentralhealth.com.au

Don't delay - get in touch today!



We've extended this cost-of-living promotion till end-July, so if an assessment is required - NOW is the time to get it!

Please share this information freely.

IMPORTANT NEWS

NDIS CHANGES TO PRICING

As you're probably aware, the NDIS have recommended changes to their pricing guidelines for **Psychology** and **Positive Behaviour Support (PBS)**, being implemented today (01 July 2026).

For clients we travel to see, the minimum rate per km has increased from \$0.99 to \$1.0, also from today's date. As always, we endeavour to group community visits together to reduce overall travel costs wherever possible.

If you are someone who will be affected by changes in either of these support categories, you will have received a letter from us by separate email, explaining the impact and what it will mean for you!

Please reach out as soon as possible if you have not received it.

ASSESSMENT SPOTLIGHT



ASSESSMENT SAVINGS NOW ON!

LEARNING
DISORDER

ADHD

COGNITIVE
AND/OR IQ

IQ

ADHD

Dyslexia

Dysgraphia

Dyscalculia

Book now whilst
prices are reduced!

Promotion ends 31 July 2026

NDIS NEWS & VIEWS

As you know, the NDIS is going through a massive shake up, and there are many changes and new processes coming:-

- **Update to NDIS Claims** - if you're self-managed and still submitting claims that go back longer than 12 months, (soon to be 6) these claims will undergo significant, rigorous checks.
- **Pricing Review** coming 01 July 2026 - your providers will be in touch to change your appointment schedules or service agreements as required.

- **Testing the NEW way of Planning:** Participant's needed for **PAID role play opportunities** - apply till 31/12/2026.
- **NDIS Engage** - your way of letting the NDIS know about your experiences or new ideas, and follow topics important to you!

[Apply for PAID Testing](#)

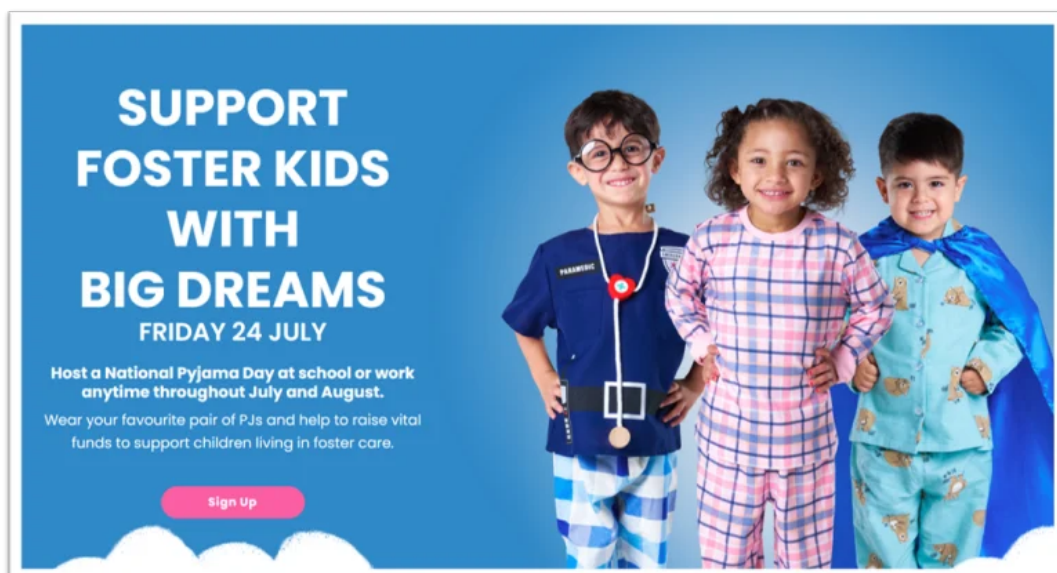
[Give the NDIS Feedback](#)

CLINIC ANNOUNCEMENT

FUNDRAISING - PYJAMA DAY

We here at One Central Health are joining a cause - not only so that we can wear pyjamas to work, but more importantly, to raise funds for Foster kids. Whilst National Pyjama Day officially takes place on July the 24th, it can be done on any day during the months of July & August.

We're showing our support on Thurs 23rd of July.



You'll see collection tins at our reception areas from today, and we hope you'll be joining us on the 23rd by coming to therapy sessions in your PJs. Let's see how much we can raise for this worthy cause, shall we?!



Please help us raise funds.

You can come to sessions in your PJ's if you'd like - we certainly will be!

Use the link below to add to our worthy cause.

[Join Our Fundraising Effort Here](#)

SPECIALISED SUPPORT

VAPING

We are still offering opportunities to **QUIT VAPING** between now and the end of the year, so if you're up for a **CHALLENGE**, call us now.

Become vape-free

Learn how to:

- Break vaping habits
- Manage cravings
- Cope with stress
- Handle peer pressure
- Reduce or quit safely

10-Week Vape-Free Challenge

18-25 years

Places limited.

\$60 per person per week.
Medicare rebates may apply.

BOOK YOUR PLACE NOW

Location: Balcatta clinic
Day: Wednesdays
Time: 5.30-6.30pm
Dates: Call us NOW to Express Your Interest in our next Challenge

LOCATIONS

Balcatta Unit 24/257 Balcatta Rd, Balcatta WA 6021	South Lake Unit 9/752 North Lake Rd, South Lake WA 6164	Kalgoortie Unit 2/28 Cheetham Str., Kalgoortie WA 6430
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(08) 9344-1318

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PSA - HOLIDAY PROGRAM

Do you need some exciting but supportive holiday activities for your child or teen, where wellbeing and social connection are key? Announcing

Telethon Holiday Makers Program (THMP)

Sponsored by Telethon and operated by Spectrum Space, these holiday activities are designed to encourage social interaction and build friendships, develop confidence and social skills, and improve regulation through guided play, among many key features and benefits. This July, they've included Perth Zoo on the program, so to learn more or express your interest in attending, click on the image below.



BLOG ALERTS



Vaping and young people

What exactly is GAVCT?



AND JUST FOR FUN.....



30 July 2026



07 July 2026

THANK YOU FOR YOUR SUPPORT

Call Us: Mon - Fri; 9am - 5pm

Clinic Open Hours: Mon - Fri; 9am - 5pm

Email Enquiries: admin@onecentralhealth.com.au

Mailing Address: 24/257 Balcatta Road, Balcatta, WA, 6021



ONE CENTRAL HEALTH

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You are receiving this email because you are a current client of One Central Health or have recently completed an assessment with us. Here is where we keep you updated with news and events you may be interested in.

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