Woohoo - downhill slide!

View in browser

one Central Health

It's mid-year Jolly July!

We're past the halfway point, and the winter cold has set in. We trust you're well, warm and ready for school holidays

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SAVINGS EXTENDED

Autism, ADHD, Learning Disorders & IQ.

We've extended this cost-of-living promotion till end-July, so if an assessment is required - NOW is the time to get it!

Please share this information freely.

IMPORTANT NEWS

NDIS CHANGES TO PRICING

As you're probably aware, the NDIS have recommended changes to their pricing guidelines for **Psychology** and **Positive Behaviour Support (PBS),** being implemented today (01 July 2026).

For clients we travel to see, the minimum rate per km has increased from $0.99 to $1.0, also from today's date. As always, we endeavour to group community visits together to reduce overall travel costs wherever possible.

If you are someone who will be affected by changes in either of these support categories, you will have received a letter from us by separate email, explaining the impact and what it will mean for you!

Please reach out as soon as possible if you have not received it.

ASSESSMENT SPOTLIGHT

IQ

ADHD

Dyslexia

Dysgraphia

Dyscalculia

Book now whilst prices are reduced!

Promotion ends 31 July 2026

NDIS NEWS & VIEWS

As you know, the NDIS is going through a massive shake up, and there are many changes and new processes coming:-

- **Update to NDIS Claims** - if you're self-managed and still submitting claims that go back longer than 12 months, (soon to be 6) these claims will undergo significant, rigorous checks.
- **Pricing Review** coming 01 July 2026 - your providers will be in touch to change your appointment schedules or service agreements as required.

- **Testing the NEW way of Planning:** Participant's needed for **PAID role play opportunities** - apply till 31/12/2026.
- **NDIS Engage** - your way of letting the NDIS know about your experiences or new ideas, and follow topics important to you!

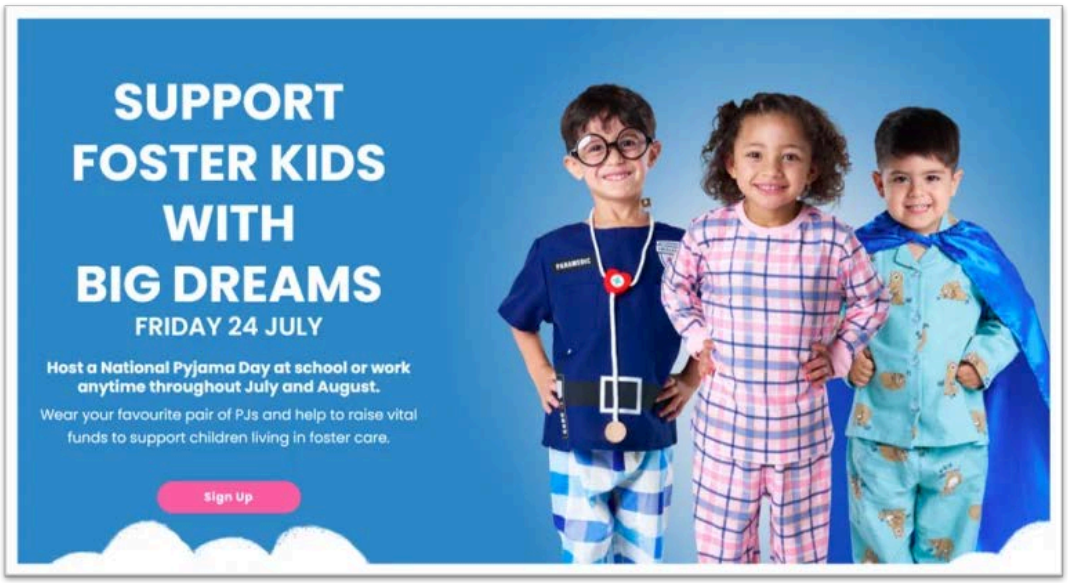
Apply for PAID Testing **Give the NDIS Feedback**

CLINIC ANNOUNCEMENT

FUNDRAISING - PYJAMA DAY

We here at One Central Health are joining a cause - not only so that we can wear pyjamas to work, but more importantly, to raise funds for Foster kids. Whilst National Pyjama Day officially takes place on July the 24th, it can be done on any day during the months of July & August.

We're showing our support on Thurs 23rd of July.



You'll see collection tins at our reception areas from today, and we hope you'll be joining us on the 23rd by coming to therapy sessions in your PJs. Let's see how much we can raise for this worthy cause, shall we?!

Please help us raise funds.

You can come to sessions in your PJ's if you'd like - we certainly will be!

Use the link below to add to our worthy cause.

Join Our Fundraising Effort Here

SPECIALISED SUPPORT

VAPING

We are still offering opportunities to **QUIT VAPING** between now and the end of the year, so if you're up for a **CHALLENGE**, call us now.

PSA - HOLIDAY PROGRAM

Do you need some exciting but supportive holiday activities for your child or teen, where wellbeing and social connection are key? Announcing

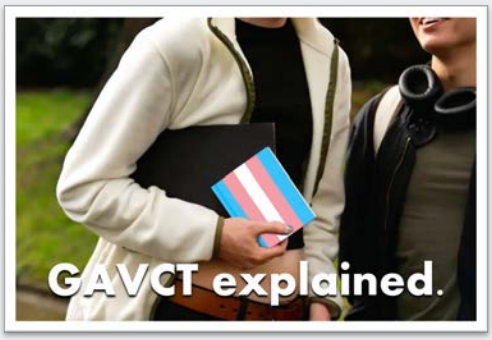
Telethon Holiday Makers Program (THMP)

Sponsored by Telethon and operated by Spectrum Space, these holiday activities are designed to encourage social interaction and build friendships, develop confidence and social skills, and improve regulation through guided play, among many key features and benefits. This July, they've included Perth Zoo on the program, so to learn more or express your interest in attending, click on the image below.

BLOG ALERTS

Vaping and young people

What exactly is GAVCT?



AND JUST FOR FUN.....

30 July 2026

07 July 2026

THANK YOU FOR YOUR SUPPORT

Call Us: Mon - Fri; 9am - 5pm

Clinic Open Hours: Mon - Fri; 9am - 5pm

Email Enquiries: admin@onecentralhealth.com.au

Mailing Address: 24/257 Balcatta Road, Balcatta, WA, 6021

ONE CENTRAL HEALTH

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