



**It's Magical May  
already!**

We're 5 months into 2026, and winter is almost here. We hope your May turns out to be more magical than mystical.

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## **SPEECH THERAPY ~ NO WAITLISTS**

Yes, you read that right! Our rigorous recruiting has paid off, and we have had not one, but THREE experienced Speech Pathologists join our wonderful team!



**ADDRESS SPEECH CONCERNS EARLY**

- ✔ Stuttering
- ✔ Language Delay
- ✔ Pronunciation
- ✔ Swallowing Difficulties
- ✔ Fussy Eating
- ✔ Dyslexia or Dysgraphia

If your child needs  
Speech Therapy,  
*early intervention is*  
*key*, so call us  
today!

## SPEECH AVAILABLE IMMEDIATELY

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## SPECIALISED SUPPORTS

### HERE'S HOW WE CAN HELP

You may know that we offer Specialised Supports, but not the specific areas of concern that we can target. Here's an idea of how we can help.



# EATING DISORDERS

## We can help with:

Avoidant or sensory-based eating patterns

Body image concerns



Change in attitude towards food or your body

Restrictive or loss-of-control eating

### FLEXIBLE PAYMENT OPTIONS

Eating Disorder Care Plan  
Mental Health Care Plan  
Private Consultation  
NDIS if funded.

Call us for a **FREE 15 min chat TODAY!**



### LOCATIONS

**Balcatta**  
Unit 24/257  
Balcatta Rd,  
Balcatta  
WA 6021

**South Lake**  
Unit 9/752 North  
Lake Rd,  
South Lake  
WA 6164

**Kalgoorlie**  
Unit 2/28  
Cheetham Str,  
Kalgoorlie  
WA 6430



(08) 9344-1318

[www.onecentralhealth.com.au](http://www.onecentralhealth.com.au)

[admin@orecentralhealth.com.au](mailto:admin@orecentralhealth.com.au)





# GENDER & SEXUAL IDENTITY

## We can help with:

Exploring identity and navigating coming out

Gender dysphoria & relationship concerns

Sexual orientation and transgender/ non-binary mental health

Trauma recovery, transitioning, self-acceptance & minority stress



### PAYMENT OPTIONS

Mental Health Care Plan  
Private Referral

If you need support,  
call us for a chat **TODAY!**



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Our clinicians offer confidential, inclusive and peer-lead expertise, both in-clinic and via telehealth. So if you or someone you know could benefit from some care and understanding, please give us a call. We can help!

## NDIS NEWS

**The NDIS is in the news a lot at present. Here are just a few of the updates, with links provided for further information:**

- NDIS Minister Mark Butler announced that the Australian Government will be making sweeping changes to the NDIS. Read more on the link below.
- There is a delay in the rollout of the 'new way of planning', now due to start in April 2027 - much later than anticipated.
- There are updates coming soon to the NDIS website, making way for clearer menus, shorter pages, and simpler language. You can provide feedback using the button below.

**Changes to the NDIS**

**Planning Changes**

**Website Feedback**

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## **SERVICES SPOTLIGHT**



**Autism**

**ADHD**

**Learning Disorders (SLD)**

**IQ/ Cognitive**

Fussy Eating &/or  
Swallowing

Stuttering

Language Delay

Dyslexia or  
Dysgraphia



**WE HAVE CAPACITY - CALL NOW!**

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## CALENDAR EVENTS



### MOTHER'S DAY

**10 May 2026** - A day to thank mothers, grandmothers and all maternal figures for their love and sacrifices.

### CANCER COUNCIL FUNDRAISER

**21 May 2026** - let's all have a cuppa for a worthy cause.



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## BLOG ALERTS



**The Importance Of Kids Doing Chores**



**Reading Readiness Starts At Home**

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## ARTICLES WORTH A READ



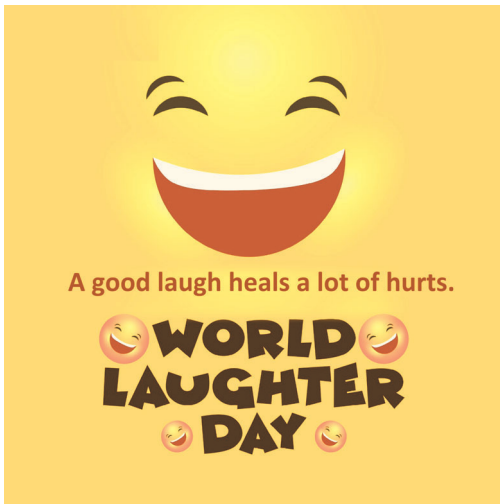
**What Exactly Is Positive Behaviour Support (PBS)?**



**What's The Difference Between PBS & Progressive ABA?**

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**AND JUST FOR FUN.....**



03 May 2026



17 May 2026

## THANK YOU FOR YOUR SUPPORT

**Call Us:** Mon - Fri; 9am - 5pm

**Clinic Open Hours:** Mon - Fri; 9am - 5pm

**Email Enquiries:** [admin@onecentralhealth.com.au](mailto:admin@onecentralhealth.com.au)

**Mailing Address:** 24/257 Balcatta Road, Balcatta, WA, 6021



**ONE CENTRAL HEALTH**

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