



**Joyous June is
here already!**

The middle of the year has
arrived, and so has Winter.
Here's hoping you and
yours are warm and healthy.

UPCOMING SPECIAL DAYS



Western Australia Day

We'd like to wish all our fellow West Australians an enjoyable and safe public holiday on 3rd June.



World Blood Donor Day

Blood donation saves lives, so if you can help, June the 14th is the day to do so.

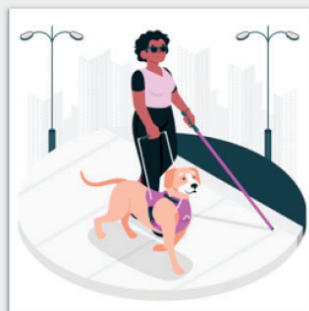
IMPORTANT NDIS NEWS!

The NDIS have recently published a couple of new updates and guidelines around certain supports, who can provide them and what they will fund. You can find more information using the links below:-



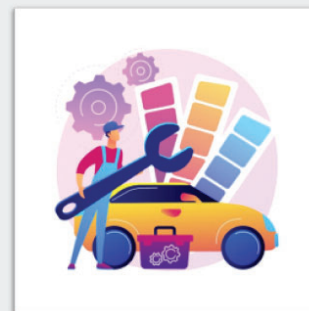
Behaviour Support (PBS)

****Providers MUST be registered****



Assistance Animals

Pets, companions & therapy animals.



Vehicle Modifications

All the rules for modifying a vehicle.

**Behaviour
Support Guide**

**Assistance
Animals Guide**

**Vehicle Mods
Guide**

REMINDER - NO WAITLISTS



PSYCHOLOGY

In clinic - multiple locations

Telehealth - if suitable

OCCUPATIONAL THERAPY

At School, Clinic or Home

FCAs in July School Holidays



WE HAVE IMMEDIATE CAPACITY!

If you have a referral or any of these in your Plan, get in touch today.

[Contact us HERE](#)

ONGOING RECRUITMENT - PBS

Our rigorous, ongoing recruiting means that we will soon have available capacity in **POSITIVE BEHAVIOUR SUPPORT (PBS)**.



So if you're looking for a PBS registered practitioner, contact us now.

Because it takes a TEAM to Support Positive Behaviour!

[More Info](#)

JULY SCHOOL HOLIDAY GROUPS



It's almost time for July School **HOLIDAY GROUPS**

Please contact our reception staff if you're interested in any of the fun activities listed below.

COOKING

SCITECH

DIY FIDGETS

SUPPORTING OUR COMMUNITY

All Abilities Expo

5th July 2025 | FREE Entry

 Murdoch University Boola Katitjin

[Register Today!](#)



All Abilities Expo

Proudly presented by the Melville Cockburn Chamber of Commerce (MCCC) in collaboration with Murdoch University.

To inspire, connect, and empower people of all abilities — including the incredible **NDIS community**.

In 2025, we'll again support the

Cancer Council

The team at OCH will be enjoying a cuppa for **Australia's Biggest Morning Tea** and raising funds for this worthy cause. We hope you're able to do the same at your place!



BLOG ALERTS




Therapy - using AI vs a Psychologist

Chat bots are  for mental health!

Seasonal Affective Disorder (SAD)


What is SAD and what can I do?

GENERAL CLINIC REMINDERS



FEELING UNWELL?

- ✓ The right thing to do is stay away
- ✓ Remember to reschedule your appointment



FEELING SICK?

If our clinicians believe you to be unwell, they may cancel your appointment for their own health, and you ***could be charged***.

Rather reschedule your session

THANK YOU FOR YOUR SUPPORT

Call Us: Mon - Fri; 9am - 5pm

Clinic Open Hours: Mon - Fri; 9am - 5pm

Email Enquiries: admin@onecentralhealth.com.au

Mailing Address: 24/257 Balcatta Road, Balcatta, WA, 6021



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