



**It's mid-year
Jolly July!**

We're past the halfway point,
and the winter cold has set
in. We trust you're well, warm
and ready for school holidays.

IMPORTANT NDIS NEWS!

The new NDIS Pricing Arrangements and Price Limits (PAPL) for 2025-2026
have been published, and come into effect **TODAY!**

The 2025-2026 PAPL (price guide) has been published.

**Here are the primary changes
likely to affect you:-**

- 50% Cut in the cost of travel to school, home and the community.
- New rates for Psychology, PBS and dietetics.

**We might have to change the way
we deliver services to you:-**

- Reducing the # of sessions where we travel to clients
- Appointments may need to take place in-clinic or via Telehealth.

**Do you know
what it means for
YOU?**

Your One Central Health Clinician will be in touch with you if any of these changes affect you or your Plan. In the meantime, if you need assistance understanding or responding to these changes, we're here to help.

Whilst we understand these changes may not affect everyone, they certainly will have a big impact on many Allied Health Providers and their ability to deliver services in a way that both meets client needs but is also financially sustainable.

NDIS - SCAM ALERTS



The NDIA have warned about an increase in scammers trying to steal your valuable information:-

- ✓ The NDIA will NEVER ask you to click on a link - however it reaches you
- ✓ Be suspicious of unexpected or unsolicited requests for your details

Do you know how to spot them? ↓

SPOTTING SCAMS

What if it's already too late? ↓

I'VE CLICKED A SCAM

To report fraud or a scam, email here ↓

NDIS FRAUD REPORTING

REMINDER - NO WAITLISTS



PSYCHOLOGY

In clinic - multiple locations

Telehealth - if suitable



OT

At School, Clinic or Home

FCAs in July School Holidays

WE HAVE IMMEDIATE CAPACITY!

If you have a referral or any of these in your Plan, get in touch today.

POSITIVE BEHAVIOUR SUPPORT

Ongoing recruitment means we now have available capacity in **POSITIVE BEHAVIOUR SUPPORT (PBS)**.

So if you have PBS in your Plan and are looking for a registered practitioner, we can help.

JULY SCHOOL HOLIDAY GROUPS

Contact us **TODAY** if you haven't already made your booking!

[Event Details Here](#)

SUPPORTING OUR COMMUNITY

All Abilities Expo

We're looking forward to seeing you all at this wonderful EXPO.

To inspire, connect, and empower people of all abilities — including the incredible **NDIS community**.

UPCOMING SPECIAL DAYS

World Chocolate Day!

Did you know there's an official day to celebrate chocolate and all its goodness? May your day be as sweet as this deliciousness.

Int'l. Friendship Day

A day to recognize the importance of friendship in promoting peace and understanding between our friends of different backgrounds

BLOG ALERTS

Why is the Therapist just playing games with my child?

Here are some top tips for staying healthy in winter.

AND JUST FOR FUN

Int'l. Joke Day

Because who doesn't love a good laugh?

Chess Day (20/7)

Simply a day to celebrate the game.

World Emoji Day

Value emojis and their role in communication

GENERAL CLINIC REMINDERS

Please remember...

TELEHEALTH

Telehealth is almost always an option if you can't make it into a clinic for any reason, dependant only on your individual needs.

NOT FEELING FAB?

If our clinicians believe you to be unwell, they may cancel your appointment for their own health, and you ***could be charged.***

Rather reschedule your session

THANK YOU FOR YOUR SUPPORT

Call Us: Mon - Fri; 9am - 5pm

Clinic Open Hours: Mon - Fri; 9am - 5pm

Email Enquiries: admin@onecentralhealth.com.au

Mailing Address: 24/257 Balcatta Road, Balcatta, WA, 6021



ONE CENTRAL HEALTH

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